

## | AREAS OF COUNSELING PRACTICE |

Abuse • Academic Issues • Adjustment & Life Transitions •

Adolescent Issues • Aging & Geriatric Issues • Anger Management •

Anxiety • Blended Family • Body Image • Bullying • Burnout • Career

Development • Caregiving Issues • Children's Issues • Chronic Health

Issues & Disability • Chronic Pain • Communication & Conflict

Resolution • Coping Skills • Depression • Divorce • Family Conflict •

First Responder Issues • Gender Dysphoria • Girls' & Women's Issues

• Gratitude • Grief & Loss • Intimate Partner Violence • LGBTQ+

Issues • Meaning & Purpose in Life • Military Issues • Pandemic

Counseling • Panic Attacks • Parenting • Perfectionism • Pregnancy &

Postpartum • Relationship Issues • Self-criticism • Self-esteem •

Self-harm • Spirituality • Strengths • Stress • Substance Use Issues •

Suicidal Ideation • Trauma & PTSD • Wellness

## **HOURS OF OPERATION:**

Monday through Friday - 7am to 9pm Saturday - 9am to 5pm Sunday - CLOSED



General Inquiries & Feedback info@wellnessgrove.com

Media & Public Relations media@wellnessgrove.com

Careers @ wellness grove.com

Strategic Partnerships partner@wellnessgrove.com



Part of a business or organization?

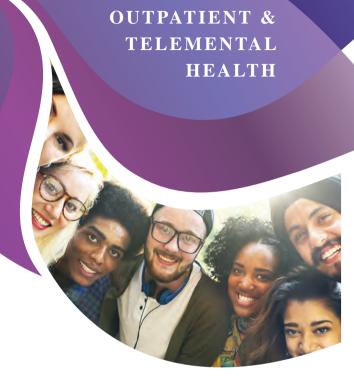
Reach out for Strategic Partnerships or Employer & Corporate Support services and opportunities.

4200 Munson St NW, Suite A, Canton, OH 44718 Phone: (330) 915-2907 • Fax: (330) 915-2958

www.wellnessgrove.com

Provider in mental health and wellness services for individuals of all ages, couples, families, groups, and organizations of all types and sizes





# OUTPATIENT COUNSELING

Therapeutic spaces for clients to explore their strengths, struggles, and growing edges with a trained professional who can help create a plan for continued growth and change.

## | TELEMENTAL HEALTH COUNSELING |

Effective alternative to in-person therapy for a variety of mental health issues such as depression and anxiety.

## | THE "SWITCH OVER" |

Things happen! Clients can switch from an in-person session to a telehealth session without losing the appointment time or incurring a cancellation fee.

# EMPLOYER & CORPORATE SUPPORT SERVICES

Providing Mental Health & Wellness services to your entire organization

#### | MENTAL HEALTH |

We can provide accessible mental health services to everyone in your business or organization – whether in-person sessions or remotely via telehealth.

#### | WELLNESS |

We offer a range of wellness services from one-on-one sessions to professional seminars. Topics can include wellness planning, healthy change habits, relaxation, and more.

#### | DIVERSITY & INCLUSION |

Our tailor-made professional workshops address the specific needs of your organization. We can cover an array of topics such as microaggressions, intersectionality, gender identity and expression, and unconscious bias.

## | CAREER & LEADERSHIP DEVELOPMENT |

Show your employees that you care about their career journeys and tap into their leadership potential. We can offer services related to career exploration and planning, leadership skills, and work-life balance.

Helping people transform into the happier, healthier, and more empowered versions of themselves

Expanding mental health and wellness services into our communities

## | STRATEGIC PARTNERSHIPS |

Together we can make a difference by creating collaborative systems for comprehensive and holistic care; making resources for services and supports readily available for those in need; and partnering to advocate for, and demonstrate a continued commitment to, mental health and wellness for all.

## | WORKSHOPS & SEMINARS |

Professional workshops and seminars in various areas that are geared toward mental health and other behavioral health providers, as well as businesses and organizations looking for ways to create a culture of optimum mental health and wellness.

## | CLINICAL SUPERVISION |

Offered to Ohio counselors who are seeking independent licensure, as well as those who are seeking their supervisor endorsement. Contact us for a free 30-minute consult.