



Outpatient & Telemental Health Counseling Services

Services available for individuals of all ages, couples, families, groups, and organizations of all types and sizes

**| AREAS OF COUNSELING PRACTICE |**

Abuse • Academic Issues • Adjustment & Life Transitions • Adolescent Issues • Aging & Geriatric Issues • Anger Management • Anxiety • Blended Family • Body Image • Bullying • Burnout • Career Development • Caregiving Issues • Children's Issues • Chronic Health Issues & Disability • Chronic Pain • Communication & Conflict Resolution • Coping Skills • Depression • Divorce • Family Conflict • First Responder Issues • Gender Dysphoria • Girls' & Women's Issues • Gratitude • Grief & Loss • Intimate Partner Violence • LGBTQ+ Issues • Meaning & Purpose in Life • Military Issues • Pandemic Counseling • Panic Attacks • Parenting • Perfectionism • Pregnancy & Postpartum • Relationship Issues • Self-criticism • Self-esteem • Self-harm • Spirituality • Strengths • Stress • Substance Use Issues • Suicidal Ideation • Trauma & PTSD • Wellness

**HOURS OF OPERATION:**  
Monday through Friday - 7am to 9pm  
Saturday - 9am to 5pm  
Sunday - CLOSED



**General Inquiries & Feedback**  
info@wellnessgrove.com

**Media & Public Relations**  
media@wellnessgrove.com

**Careers**  
careers@wellnessgrove.com

**Strategic Partnerships**  
partner@wellnessgrove.com



**Part of a business or organization?**

Reach out for Strategic Partnerships or Employer & Corporate Support services and opportunities.

4200 Munson St NW, Suite A, Canton, OH 44718  
Phone: (330) 915-2907 • Fax: (330) 915-2958

[www.wellnessgrove.com](http://www.wellnessgrove.com)

Provider in mental health and wellness services for individuals of all ages, couples, families, groups, and organizations of all types and sizes



wellnessgrove

## OUTPATIENT & TELEMENTAL HEALTH

## EMPLOYER & CORPORATE SUPPORT SERVICES

*Helping people  
transform into the  
happier, healthier, and  
more empowered  
versions of themselves*

*Providing Mental Health & Wellness  
services to your entire organization*

*Expanding  
mental health  
and wellness  
services into our  
communities*



### | OUTPATIENT COUNSELING |

Therapeutic spaces for clients to explore their strengths, struggles, and growing edges with a trained professional who can help create a plan for continued growth and change.

### | TELEMENTAL HEALTH COUNSELING |

Effective alternative to in-person therapy for a variety of mental health issues such as depression and anxiety.

### | THE “SWITCH OVER” |

Things happen! Clients can switch from an in-person session to a telehealth session without losing the appointment time or incurring a cancellation fee.

### | MENTAL HEALTH |

We can provide accessible mental health services to everyone in your business or organization – whether in-person sessions or remotely via telehealth.

### | WELLNESS |

We offer a range of wellness services from one-on-one sessions to professional seminars. Topics can include wellness planning, healthy change habits, relaxation, and more.

### | DIVERSITY & INCLUSION |

Our tailor-made professional workshops address the specific needs of your organization. We can cover an array of topics such as microaggressions, intersectionality, gender identity and expression, and unconscious bias.

### | CAREER & LEADERSHIP DEVELOPMENT |

Show your employees that you care about their career journeys and tap into their leadership potential. We can offer services related to career exploration and planning, leadership skills, and work-life balance.

### | STRATEGIC PARTNERSHIPS |

Together we can make a difference by creating collaborative systems for comprehensive and holistic care; making resources for services and supports readily available for those in need; and partnering to advocate for, and demonstrate a continued commitment to, mental health and wellness for all.

### | WORKSHOPS & SEMINARS |

Professional workshops and seminars in various areas that are geared toward mental health and other behavioral health providers, as well as businesses and organizations looking for ways to create a culture of optimum mental health and wellness.

### | CLINICAL SUPERVISION |

Offered to Ohio counselors who are seeking independent licensure, as well as those who are seeking their supervisor endorsement. Contact us for a free 30-minute consult.